

Initial Visit Questionnaire (Adult) page 1 of 2

Provider Name:	Date:
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Patient Name:	D.O.B.	Age:
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Client's Marital Status: Married Partnered Single Divorced Separated

Number of Children _____ Ages _____

Reason for seeking Therapy:

Previous therapy? yes no Name (s) of Therapists _____

Traumatic events (include: abuse/or neglect)

Family psychiatric history

Allergies

Current Suicidality _____ Current Homicidally _____

Past history of Suicidality

Do you exercise? _____ Problems with sleep? _____

Cigarette or tobacco use? _____

Recreational drinking? yes No What kind & how much? _____

Recreational drug use? yes No What kind & how much? _____

Initial Visit Questionnaire (Adult) Continued page 2 of 2

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Religious/Spiritual affiliations

Social Supports

Medical problems

Medical history (hospitalizations, surgeries?)

Current Medications

Medication	Dose	Frequency	Why prescribed?	Who prescribed?

Nutritional problems (weight loss/weight gain, etc.)

Legal problems

Current Employment

Employment history (previous 5 years)

Goals of Therapy?

Signed
(Patient's Signature or authorized person)